

Pre-work - *Session #4* - The Critical and Foundational Role of Emotional Intelligence in Student and Leader Development

Please take a free personality test based on Carl Jung's and Isabel Briggs Myers' personality type theory.
<http://www.humanmetrics.com/cgi-win/jtypes2.asp>

Answer two questions:

1. In the work place, do you believe no news is good news?
2. Would you rather read a book or go to a party?

Please select two leaders who have personally touched your life (the best and the worst). Then pick three leader characteristics and two attributes that best describes each from the provided list.

Leader Characteristics:

1. **Leads Others:** Gains commitments to do what needs to be done from organizations members.
2. **Builds Trust:** Brings the best out in others and sets the conditions for teamwork.
3. **Extends Influence Beyond Department or Company:** Beneficial work is accomplished outside the unit through the positive relationships established by the leader.
4. **Leads by Example:** Co-workers learn what to be, know and do from the leader.
5. **Communicates:** Understanding in the unit is improved from the leader's sharing of information and willingness to engage in candid dialogue.
6. **Creates a Positive Environment:** Positive teamwork/cooperation and a psychologically healthy climate exist from the leader's actions and attitudes.
7. **Prepares Self:** The leader is prepared for the work (skills, knowledge, total fitness, mental resilience) and engages in continual self-development.
8. **Develops Others:** Proactively supports the development of others' knowledge, capabilities and readiness to learn.
9. **Stewards of the Company/Organization:** Applies good stewardship to resources and his/her actions show commitment to the professional strengths of the Company.
10. **Gets Results:** Gets the job done with appropriate adjustments and optimal application of manpower available.

Leader Attributes:

1. **Organizational Values:** Displays loyalty, respect, selfless commitment, integrity and personal courage
2. **Empathy:** Identifies with or enters into another person's feelings, emotions, and point of view.
3. **Discipline:** Controls one's own behavior in accordance with corporate values, and obeys and enforces good orderly practices in administrative, organizational, training and operational duties.
4. **Professional Presence:** Possesses and projects a professional image of authority.
5. **Confidence:** Projects self-confidence and certainty in the organizations ability to succeed.
6. **Resilience:** Shows the tendency to recover quickly from setbacks and adversity while maintaining mission and organizational focus—perceives a crisis as an opportunity.
7. **Mental Agility:** Anticipates or adapts to uncertainty or changing situations and applies multiple perspectives (others) and approaches.
8. **Sound Judgment:** Assesses situations shrewdly and draws sound conclusions.
9. **Innovation:** Introduces new ideas based on opportunities or challenging circumstances.
10. **Interpersonal Tact:** Understands and effectively interacts with others, is conscious of character, reactions, and motives of self and others, and displays self-control, balance and stability
11. **Expertise:** Possesses facts, beliefs, logical assumptions, and understanding in relevant areas.